I Know We Can!!!, Solid As A Rock (Dura Como Una Piedra), My Last Will and Testament

by

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Avotoja has been published in English & Spanish in the USA, Mexico & Europe, and in more Anthologies than she remembers. She's also a popular DeeJay at both KPOO in San Francisco & KPFA in Berkeley, California and has been at both stations for more than 40 years. She is an award-winning poet and multi-instrumentalist who has opened for Betty Carter in New York City, Peru's Susana Baca at San Francisco's Encuentro Popular & Cuba's Gema y Pável, played with Rahsaan Roland Kirk, Bobi & Luis Cespedes, John Handy, Sonido Afro-Latina, Dimensions Dance Theater, Black Poets With Attitudes, Bombarengue, Nikki Giovanni, Los Angeles' Build An Ark, Dwight Trible, Diamano Coura West African Dance Co., Terry Garthwaite, Big Black, The Bay Area Blues Society & Caribbean Etc. Shared stages with Sonia Sanchez, Piri Thomas, Janice Mirikitani, Diane DiPrima, Michael Franti, Jayne Cortez, & with Jose Montoya's Royal Chicano Air Force & is a Bay Area icon with her award winning group Avotcja & Modúpue. Avotcja was the opening act for the legendary Poet Pat Parker the last three years of her life. She both composed & performed the film score for the Danish documentary MuNu. Her Poetry &/or music has been recorded by Piri Thomas, Famadou Don Moye (of The Art Ensemble Of Chicago), Bobby Matos Latin Jazz Ensemble, & performed by The Purple Moon Dance Project, and was the 1st Poetry performed by New York's Dance Mobile. She's appeared at The Lorraine Hansberry Theater in S. F., The Asian-American Jazz Festival in Chicago, The San Jose Jazz Festival, and Oakland's Malcolm X Jazz Festival as well as The Asian-American Jazz Festival in San Francisco. She's been featured 5 times at Afro-Solo, twice at San Francisco's Carnival, The Scottish Rite Temple & Yoshi's in Oakland, Jose Castellar's play "Man From San Juan", Club Le Montmartre in Copenhagen Denmark, Stanford University, at San Francisco's Brava Theater For The Arts with Cine Accion, New York's Henry Street Settlement Theater, Vantile Whitfield's Studio One Theater in Los Angeles, and The Women On The Way Festival in San Francisco. Avotoja is a popular Bay Area DJ & Radio Personality, and the founder/Director of "The Clean Scene Theater Project (AKA) Provecto Teatral De La Escena Sobria". She continues to teach Creative Writing, Storytelling & Drama in Public Schools & thanks to the California Arts Council she was also an Artist in Residence at the Milestones Project & the Penal System. Avotoja is a proud & active member of DAMO (Disability Advocates Of Minorities Organization), PEN Oakland, California Poets In The Schools, and the International Women's Writing Guild.

I KNOW WE CAN!!!

We have been here before We've sang in the face of the Klan And danced with feet all bloody On the decks of Slave Ships On the "Longest Walk" On Freedom Marches, in Jail cells

And Concentration Camps

Oooops Ghettos

That we were forced to call home

We know this place

The Concrete Jungles, the Reservations

A curse of & by the uncivilized

Who have forgotten

The healing beauty of Grass & Trees

And the gift of clean Water to drink

And have lost their ability to love

We are familiar with

The senseless mayhem of perpetual War

The addictive lust for power

The intoxication of blood lust

And those who prefer

The inhumane sacrifice of their Souls

As they try to steal ours

Yes

We have been here before

We know the Hanging Tree, the rope

The rape of our bodies, our Cultures

The theft of our Songs & our Children

We have swam through the slime of misogyny

We've been here... we know

Racism, greed & stupidity have no conscious

And it is only a matter of time

Before the insatiable self-destruct

Before they devour each other

We've been through it all before

And we can get through it all again

We just have to be careful

Very careful...

The madness of this Narcotic is contagious

We must not get drunk on the stench of this poison

We have too much work to do

We must turn this suicidal Drug

Into fertilizer & let our tears
Fall down on deserts, glaciers & jungles
And run down the faces of
Good hearted people everywhere
I cry & I cry & my tears come like a Waterfall
An unending Waterfall for all the victims of
"Civilization"
We have been here before & together we can heal!
I know we can!!!

SOLID AS A ROCK

(SOMETHING FOR MARGARET WALKER & ROQUE DALTON)

I am a rock

Eternal ... old as dirt

I sing with the spirit of mountains

And the Moon?

Old girl's just another one of my many God-daughters

I am a rock

The Mother of iron & diamonds

Me & only me!

I'm the one that put the beauty in all your precious jewelry

And my Son?

He's always been the kind of pest you can't get rid of

Boy's hot as a volcano

I am a rock

Me? ... I'm the true royalty!

Sensuous intelligence & passionately sensitive

Mother Nature's number one agitator

I am the regal foundation of existence

The indispensable gritty mortar that lives in the mouth of every Poet

I feel as comfortable

In the flash of gaudy mansions

As I am in the dirt hidden beneath the fingernails of the poor

Look for me & you'll find me

I'm that same rock

That welcome little pebble

That caresses the feet of festive dancers

And at times I'm a worrisome pain down in your shoe

I can be that small familiar restive mound in the park

And at the same time

Be swimming in the forgotten blood at the bottom of the sea

I am a story waiting to be told

And where there's smoke there's always fire

So open your mind & help them to remember me

Help take the wrapping off these Poems & memories

Remember me well

I am the rock

Respect me for what I lived for & we will grow

Forget me & like the rain in the sky

You're gonna fall!

DURA COMO UNA PIEDRA

(ALGO PÁ ROQUE DALTON Y MARGARET WALKER)

Yo soy una piedra

Vieja como la tierra eterna

Canto con el espíritu de las montañas

¿La luna anciana?

Nada mas que otra de mis Ahijadas incontables

Yo soy una piedra

Madre de acero y diamantes

¡Yo! ¡Solamente yo!

Yo doy la luz a la joya preciosa

¿Y mi Hijo? ¡Inmóvil molestoso!

Este Chacho es un volcán caluroso

Una piedra soy yo

¿Yo? ... ¡La realeza de verdad!

Inteligencia sensual con pasión sensitiva

La primera agitadora de la naturaleza

Yo soy el fundamento real de la existencia

El adobe indispensable en la boca de cada Poeta

Vivo igual

En salónes de palacios vistosos

Y en la mugre escondida debajo de las uñas de la pobreza

Búscame

Soy la misma piedra

Una piedrecilla bienvenida

Una caricia de pié de bailadores alegres

A veces un dolorcito atormentando en el zapato

Un tranquilo montecillo en el parque y

A la vez nadando en la sangre olvidada al fondo del mar

Yo soy un cuento esperando un narrador

Y donde hubo fuego hay cenizas

Por éso, recuérdame

Abre la mente y ayúdame

Ayuda este desenvolvimiento de poemas y memorias

Y recuérdame bien

La piedra soy yo

Respétame y creceremos

Olvídame y como la lluvia en el cielo

Te vas a caer

MY LAST WILL & TESTAMENT MUSIC IS MY NAME

Sweet freedom,

I have walked hand in hand with your melody

Across hilltops I've run with the wind

I've sung the sounds that the first snows bring

Under trees that danced with no fear of hungry axes

I've traded songs with a friendly lizard

Even he could hear me

I've made love in grass

With the B-Flat that holds the universe together

When the leaves sway, it's just me moving somewhere

And when the wind blows

It's only me whistling the Blues

And when I die

Just bury me with an Eighth Note so I won't be lonely

Cover my body with Sheet Music

And I will caress it even in death

Don't cry at my Funeral ... serenade me on my way

Stick your hands in the paint of melody & color me Music

Make the unmistakable flavor of my Spirit

Another poetic spice on the path to forever

Let it all begin again right here

Sing to me, party with me, dance for me & Mambo me

Passionately into that always present sphere

Consciously conjure me musically

Make sure those other folks can't conveniently forget me

Make sure that "they" remember the Word/Song that is me

The Blue harmonic gift of existence is my legacy

Hold tight to the wild Gospel Spirit of Jazz in me

Make sure "they" know

That I've always been the kind that won't be quiet

An uncontrollable sassy vibration, a song that sings forever

I'm an in your face melody that will never be gone

The truth of

The Cubop that holds the heart of reality together is me

Been here long before the beginning began
I came
Holding down the rhythm of wordplay where ever we are
Always as close to you as the nearest Song
A rejuvenating lyrical presence written all inside your DNA
And I promise to never let you forget
I'm like the Bomba, a fire in your soul that's here to stay
Music is my name!